PEOPLE.comZoe Saldana Reveals Her Secrets for Successful Plane Trips with Toddlers: 'Night Flights Don't Work for Us Right Now'PEOPLE.comAny parent who's traveled with small children knows this one fact to be true: It ain't easy. But actress Zoe Saldana — mom to 2-year-old twin sons Cy Aridio and Bowie Ezio and new baby boy Zen — has mastered a few methods for making long travel days ...

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